

# The Strider



June 2017

The Newsletter of the Alley Pond Striders

Volume XXXVI Issue 6

## FRONT PAGE NEWS

Wow, it's June already. I hope everyone has been taking advantage of the warmer weather and enjoying our beautiful park. I know I don't need to remind everyone about our annual picnic. But just in case, the **picnic this year is on June 17 in the Upper Park**. The club supplies the BBQ, hamburgers hot dogs and fixings. All you have to do is bring a treat, salad, or special dessert to share. The picnic usually starts around 10:30 am after our run/walk with the grill ready by around noontime!

I wanted to let all our club members know that I recently received a correspondence from NYC Council Member Barry Grodenchick. The Vanderbilt Motor Parkway is in his district and he agrees that the Motor Parkway needs resurfacing. He has tentatively designated \$150,000 of discretionary funds to get the project started. He also advised me that the Queens delegation of the City Council has included the project in a request to the Speaker of the New York City Council. The Council Member has also written a letter to Congress Member Grace Meng in an effort to secure federal funding for the Motor Parkway. If you have called his office, thank you. If you haven't please call your elected officials in Queens and let them know how important the Motor Parkway is to you and the community.

While our membership continues to grow, I would really like to thank Lynn Henry for all the work she does as our Membership Chair. Lynn is great at engaging new members and supports our club almost every day.

Hope to see everyone at our picnic. See you on the path! Michael

**Late breaking update:** Council Member Barry Grodenchik made an announcement after Mike's article was submitted that he has now secured \$1.25 million dollars for the Vanderbilt Motor Parkway. The estimated cost of the project is around \$5 million dollars. The Council Member is a big advocate for our park and hopefully with his help and additional funding the Motor Parkway will get repaved and extended.

## REMINDERS!

**OUR ANNUAL PICNIC IS SATURDAY, JUNE 17TH.**

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**THERE WILL NOT BE MEMBERSHIP MEETINGS DURING JULY OR AUGUST. DATE/TIME OF THE NEXT MEMBERSHIP MEETING WILL BE ANNOUNCED AND SENT OUT BY EMAIL NOTIFICATION.**

## TALK ON THE PATH - WHAT'S HAPPENING IN AND OUT OF THE PARK

### JUNE Birthdays

Dorothy Chusid (1<sup>st</sup>), Lynn Leon (2<sup>nd</sup>), Ken Kaiser (6<sup>th</sup>), Talia Galatan (8<sup>th</sup>), Fran Kraus-Schmidt (11<sup>th</sup>), Kevin Morrissey (11<sup>th</sup>), Sybil Blumenthal (18<sup>th</sup>), Ruth Abraham (20<sup>th</sup>), Madeline Karlitz (20<sup>th</sup>), Howie Nachman (20<sup>th</sup>), Tony Gabb (21<sup>st</sup>), Joe Gambino Jr. (21<sup>st</sup>), Eleanor Petardi (25<sup>th</sup>), Dolores Davis-Kon (26<sup>th</sup>), Barbara Russo (26<sup>th</sup>), Orla O'Donoghue (27<sup>th</sup>), "Fast Eddie" Grassel (28<sup>th</sup>), Ilana Galatan (29<sup>th</sup>) and Debbie Pesa (30<sup>th</sup>).

### Welcome

Alex Courtney and Haydee Mendoza-Courtney & sons of Bellerose and Karen Nash of Douglaston. We're happy to welcome back Mayme Tong of Bayside.

### Condolences

To Astrid Georges on the passing of her sister Theresa Canell on May 21st.

To Adele Schnapp's son Jonathan on her passing. Adele was a long-time Strider from 1991 to 2013 when her health started to decline. (Look for an article in the Summer edition of *The Strider*.)

### Road to Recovery

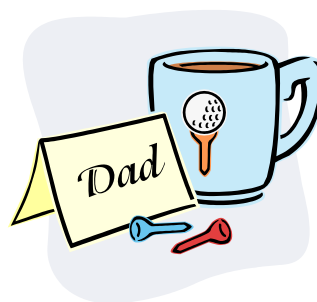
Hoping to see Fred Feinstein back at the park real soon!

### "Pre-congratulations"

To Joey Pasqual who will graduate from pre-k on June 23rd. Rob & Helen can we have a photo of the graduate for the next newsletter??

### Antique Cars along the Motor Parkway - Sunday, June 25th

Keep your eyes opened for the antique cars travelling along the Motor Parkway. They are meeting by the tennis courts in the Cunningham Park lot on Union Turnpike at 8:00am and at 8:30 they'll line up to approach the Motor Parkway. FYI, they are driving from the beginning of the Motor Parkway to the end in Ronkonkoma.



### Reminder

Look forward to seeing everyone at the club picnic on Saturday, June 17th in the upper park.

## Happy Father's Day to all the Strider Fathers and Grandfathers!

Please send any items for "Talk on the Path" to the editor at [apstriders@aol.com](mailto:apstriders@aol.com)

## STRIDERS SPORTS SPOTLIGHT BY SARA JABLONSKI

The running and racing season is now in full swing.

Hance Family Foundation 5K on May 20<sup>th</sup> - Lynn Henry reported that Scott Fairgrieve came in at 26:41, Peter Hoey at 30:15 and Lynn Henry at 32:48, which gave her 1<sup>st</sup> in age! Rob Pasqual ran the one miler in 6:30!

Fran Kraus ran the Feel The Breeze 5K on May 21<sup>st</sup> in a time of 26:02 and came in 2<sup>nd</sup> place.

There was a nice Strider turn out at the Forest Park 4 Miler with Vivien Lim coming in as 3<sup>rd</sup> woman overall. I guess Vivien is on a roll. Laughlin Whalen came in 1<sup>st</sup> in his age group, Pat Mitrofanis came in 1<sup>st</sup> in age; and Susan Yang came in 3<sup>rd</sup> in age. That's just the winners! I'm told there were many more Striders in attendance.

On June 4<sup>th</sup>, Peter Hoey sent in his results from the New Hyde Park 8K and his time was 51:43.

A great start to the season!

## *Calendar of Events*

Wednesday, 6/7:

Monthly Board Meeting (7 pm) followed by Monthly Membership Meeting (8 pm). All are welcome at both meetings.

Saturday, 6/17:

Annual Picnic. The Club provides BBQ, hamburgers, hot dogs and such. You bring a treat to share!

Sunday, 6/18: Happy

Fathers Day. Call your Dad, Grandfather, Uncle, or that special person in your life who has been like a father to you.



THE NEWSLETTER OF THE  
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I never had a chance to choose the man to be my Dad  
 -  
 But I sure thank my lucky stars for the taste my  
 Mother had.  
 - Happy Fathers Day!



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*The Alley Pond Striders is a running and walking club with over 225 members and serves the communities of Eastern Queens and western Nassau County, NY.*

*For over 30 years, The Striders continue to actively promote the enjoyment of walking and running in Alley Pond Park. The Alley Pond 5 Mile Challenge is one of the largest local races in the New York City area.*

*The only membership requirement is a desire to take in the sights of Queens' largest forested area on your own two feet.*

*A group of Alley Pond Striders can be found any day of the week at the Park House located on Winchester Blvd. near the intersection of Union Turnpike. Members enjoy walks and runs of various distances and paces through the Park and surrounding area.*

WALKS AND RUNS BEGIN at 9:00 am at Alley Pond Park House on weekends and 9:00 am during the week.

**For Membership Information  
 Please contact Lynn Henry  
 at  
 516 437-8715 or  
 lynnahenry@yahoo.com**

**Board of Directors**  
**President: Mike Weisbord**  
**Vice President: Arthur Fettner**  
**Treasurer: Joe Gambino**  
**Recording Secretary:**  
**Diane Haber**  
**Corresponding Secretary:**  
**Currently vacant**  
**Social Secretary: Nella Carravetta**  
**Runners Rep: Larry Lutzak**  
**Walkers Rep: Fred Feinstein**

Membership Chair: Lynn Henry  
 Phone: (516) 437-8715  
 E-mail: [lynnahenry@yahoo.com](mailto:lynnahenry@yahoo.com)  
 Dues: \$20 Single Membership  
 \$30 Family Membership/Couples  
 Members joining on or after October 1st of each year are automatically members for the following year.

The Strider is the newsletter of The Alley Pond Striders and is prepared monthly by:  
 Managing Director: Ken Kaiser (Please send information and articles to [apstriders@aol.com](mailto:apstriders@aol.com))  
 Senior Editor: Lynn Henry  
 Web Master (Level 15): Debbie Pesa